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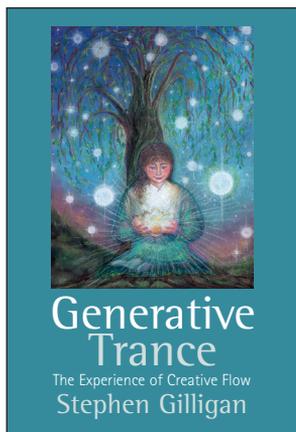
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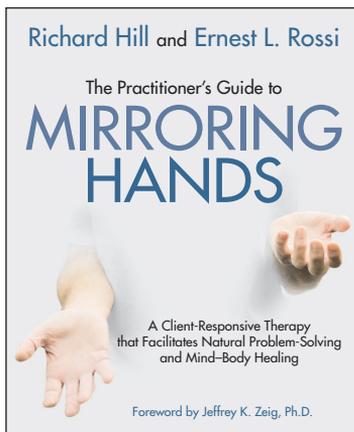


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In *Generative Trance* renowned trainer Stephen Gilligan shows you how to harness the relationship between the unconscious and the conscious mind for a much more powerful and effective therapeutic intervention, and reveals how life can be lived as a great journey of consciousness.



The Practitioner's Guide to Mirroring Hands

A client-responsive therapy that facilitates natural problem-solving and mind-body healing

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Describes in detail how Mirroring Hands is conducted, and explores the framework of knowledge and understanding that surrounds and supports its therapeutic process.

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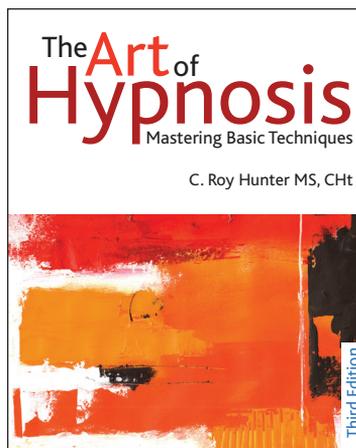
Mastering basic techniques

C. Roy Hunter

This updated third edition includes a new introduction by Conrad Adams together with a revised first chapter.

Roy Hunter is an expert in the field of hypnosis. He was specially selected to carry on the work of the ‘Grand Master of Hypnotherapy’, the late Charles Tebbetts, who was a master teacher of the art/science of hypnosis and hypnotherapy. This book is based upon the training courses of Tebbetts, which have been updated by Roy Hunter. Tebbetts’ training has formed the basis of a large number of hypnotherapy courses taught both in America and Europe.

The Art of Hypnosis is well-written and easy to read and understand, even for the novice. In-depth and practical information is given on how to achieve maximum results in a hypnotic session by phrasing suggestions properly and by using various techniques to determine which approach is best for each individual client.



C. Roy Hunter teaches professional hypnosis and advanced techniques for professionals and teaches self-hypnosis to groups and clients for personal or professional motivation. He was specially selected to carry on the work of the late Charles Tebbetts.

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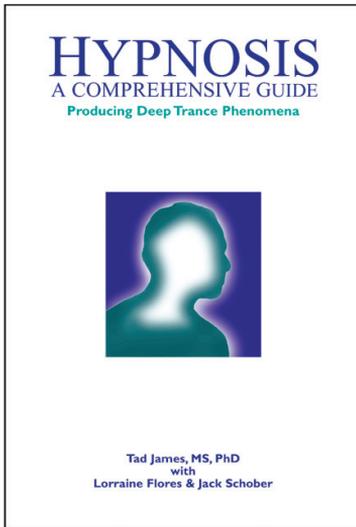
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Charismatic and possessing a profound ability to bring out the best in people, **Tad James** is a staunch believer in the inexhaustible inner potential of human beings. He is an exciting, dynamic transformational seminar leader, and a pioneer in the field of NLP.

Hypnosis

A comprehensive guide

Tad James with
Lorraine Flores and
Jack Schober

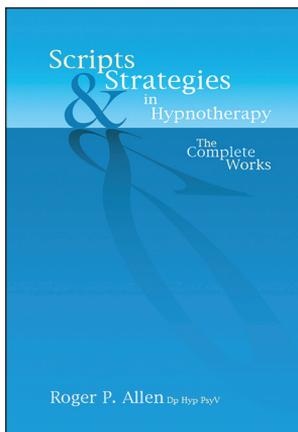
Research shows that many people react differently to different types of hypnotic induction – yet many hypnotherapists are confined to using only one technique.

This practical book makes three radically different types of hypnosis easy to use in daily hypnotic work, exploring the methods of Milton H. Erickson, George Estabrooks and David Elman, presenting them in such a way as to allow a clear and accessible understanding. A resource for all students, trainers and therapists, it includes a range of powerful scripts for improved hypnotic work.

An excellent introductory text for students beginning to study the art and science of hypnosis. For those already knowledgeable about hypnosis, there are many nuances that will enable you to increase the elegance of your work.

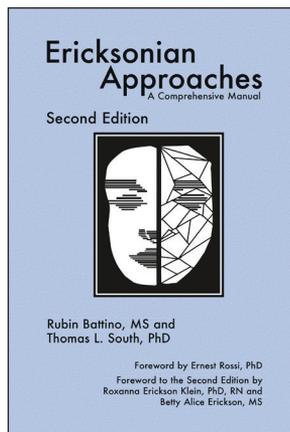
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**Scripts and Strategies in
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The complete works
Roger P. Allen

Recently updated, this book presents a comprehensive source of scripts and strategies that can be used by hypnotherapists to build a successful framework for any therapy session.



**Ericksonian Approaches –
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A comprehensive manual
Rubin Battino and
Thomas L. South

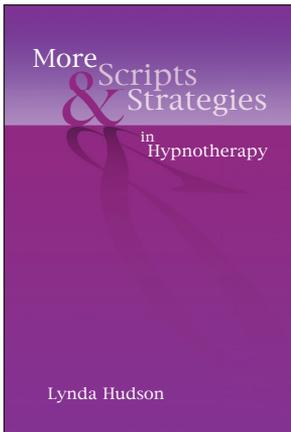
A thoroughly practical resource that assumes no previous knowledge of the field and develops the reader's understanding.

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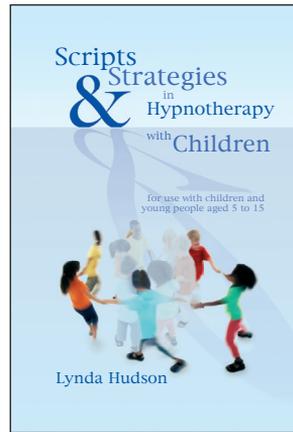
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More Scripts and Strategies in Hypnotherapy

Lynda Hudson

A collection of brand new general scripts from Lynda Hudson, including the use of hypnotic language and suggestions for varying scripts for particular clients. This volume is an outstanding complement to Roger Allen's now classic *Scripts and Strategies in Hypnotherapy* and will be welcomed by beginner and experienced practitioners alike.



Scripts and Strategies in Hypnotherapy with Children

For use with children and young people aged 5 to 15

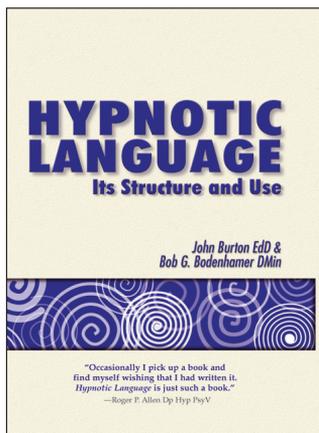
Lynda Hudson

A handbook for therapists using hypnotherapy with children and young people. In addition to providing a collection of hypnotic scripts for children aged 5 to 15, it offers easy-to-follow, solution-focused ways to structure treatment sessions.

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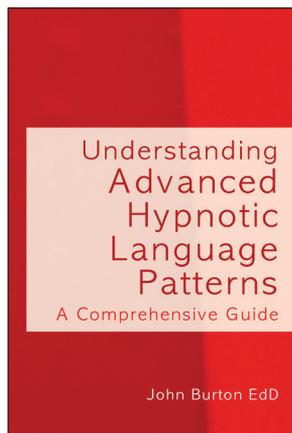
Hypnotic Language

Its structure and use

John Burton and

Bob G. Bodenhamer

The use of language lies at the core of most hypnotic interventions. In this remarkable book, the authors build on Erickson's approach and develop it considerably further. This is amply demonstrated by means of scripts and case studies ensuring a comprehensive understanding of the techniques involved.



Understanding Advanced Hypnotic Language Patterns

A comprehensive guide

John Burton

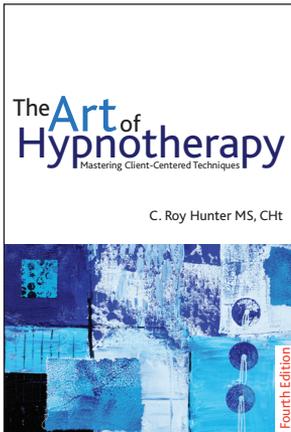
This book is the sequel to the critically acclaimed *Hypnotic Language*.

In this new volume the author provides more depth and also elaborates on the concepts that comprise hypnotic language.

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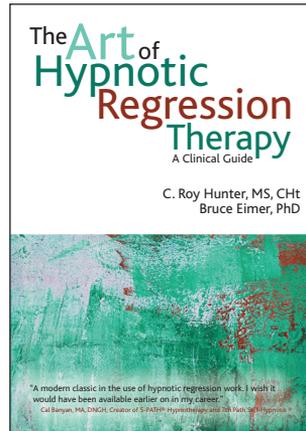


The Art of Hypnotherapy

Mastering client-centered techniques

C. Roy Hunter

Now in its fourth edition, this classic text is a comprehensive guide to the practice of client-centred hypnotherapy. It shows students how all hypnotic techniques revolve around four main therapeutic objectives: suggestion and imagery; discovering the cause; releasing; and subconscious relearning.



The Art of Hypnotic Regression Therapy

A clinical guide

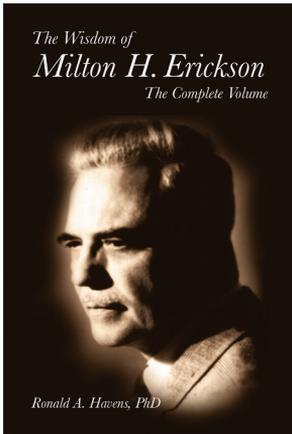
C. Roy Hunter and Bruce Eimer

This volume removes the fear of the dangers of mishandled hypnotic regression therapy (HRT) by presenting an organised, client-centred approach. You will learn when and how to use HRT effectively to help clients discover and release the causes of their problems and symptoms.

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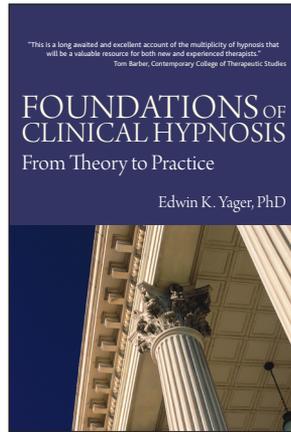
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The Wisdom of Milton H. Erickson

The complete volume
Ronald A. Havens

Milton H. Erickson was one of the most creative, dynamic and effective hypnotherapists and psychotherapists of the 20th century. He used unconventional techniques with remarkable success. This outstanding work of research extracts the core wisdom of Milton H. Erickson's lifelong work.



Foundations of Clinical Hypnosis

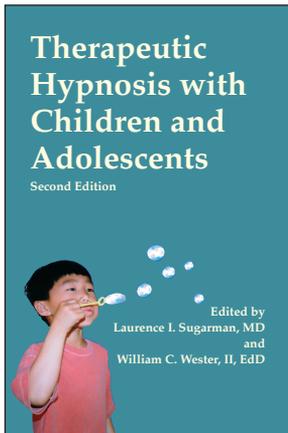
From theory to practice
Edwin K. Yager

This comprehensive volume is certain to become an invaluable textbook in the field of clinical hypnosis. Edwin K. Yager has put together an impressive resource covering much of everything there is to know about how to translate theory into practice across the range of clinical settings.

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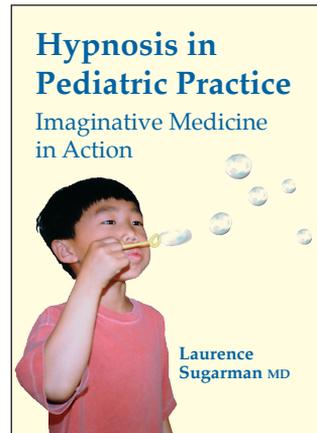
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Laurence Sugarman and
William Wester II

In this groundbreaking volume, the editors have brought together some of the field's most outstanding contributors to examine the wide-ranging applications and promise of the use of hypnosis with children.



Hypnosis in Pediatric Practice

Imaginative medicine in action

Laurence Sugarman

This professionally produced 70-minute DVD demonstrates the use of a variety of hypnotic techniques with children. The use of hypnosis can comfort children and adolescents during procedures, injections and examinations, and help them to manage stress and cope with chronic disease.

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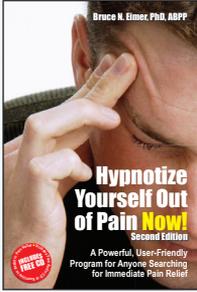
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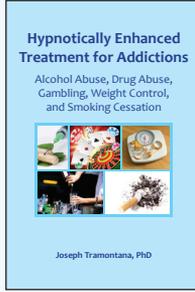
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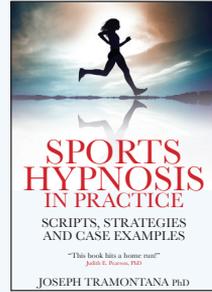
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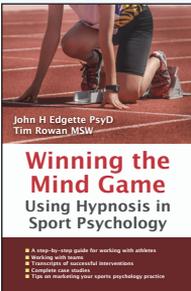
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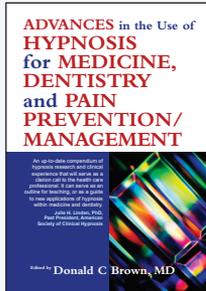
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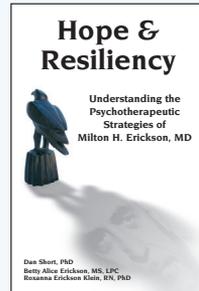
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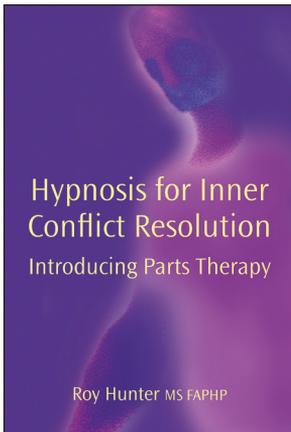
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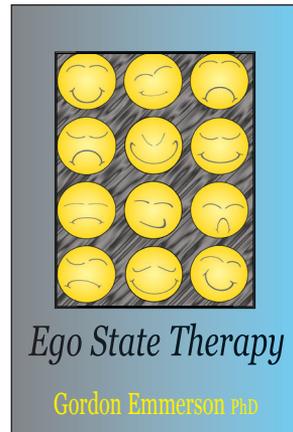


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Roy Hunter

An increasing numbers of therapists around the world are discovering the benefits of Parts Therapy and its variations, such as Ego State Therapy and voice dialogue, to help clients get past personal barriers. This outstanding book on Parts Therapy will show you how best to use this method with your own clients.



Ego State Therapy

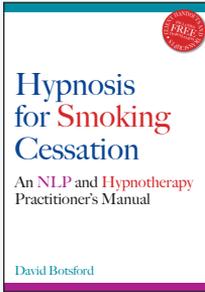
Gordon Emmerson

Mastering Ego State Therapy can foster an improved psychological and physical experience of life. Emmerson's innovative book presents the theory and practice of working with ego states, helping to understand them, recognise and use them. The practical techniques help you to locate ego states in pain, trauma, anger or frustration and facilitate expression, release, comfort and empowerment.

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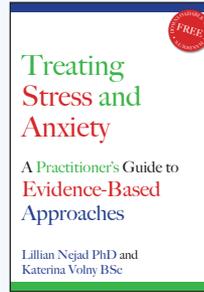
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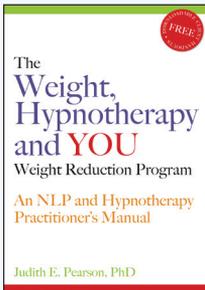
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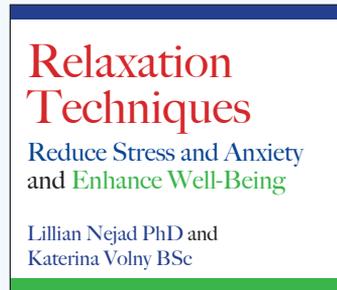
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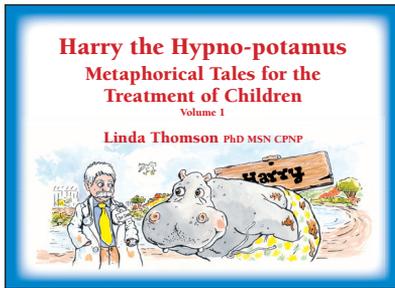
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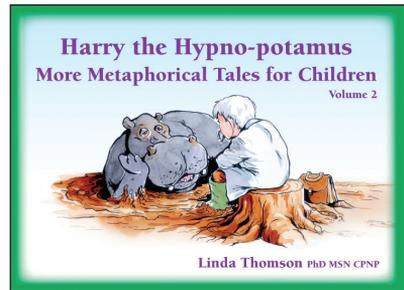


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Harry the Hypno-potamus is a collection of metaphorical stories that deal with a variety of physical and behavioural problems faced by children. Embedded in each story is a metaphor as well as hypnotherapeutic techniques that can be used as part of a comprehensive approach to the diagnosis and treatment of a host of disorders both physical and emotional. The 32 stories in the book are all about different animals that live in the Ashland Zoo.

A set of cards is also available, see page 23.



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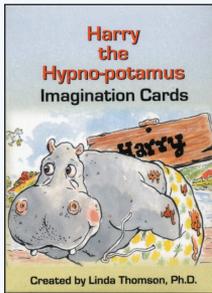
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This second book of metaphors for children will entertain and delight while the therapeutic message, cleverly embedded in the story, slips into the unconscious mind of the child. The tales enhance empowerment by exposing children to new possibilities, new perspectives and differing philosophies. For the clinician, the metaphors offer a treasure trove of techniques and hypnotic language that can be adapted for a variety of situations and problems.

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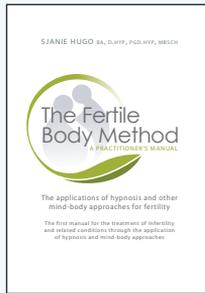
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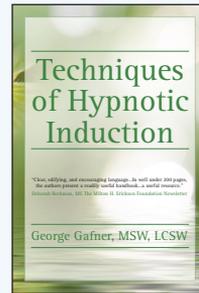
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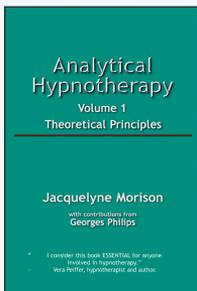
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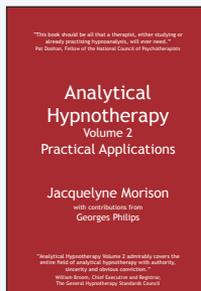
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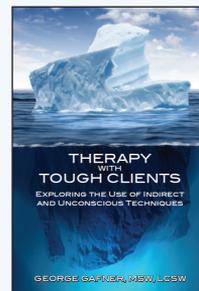
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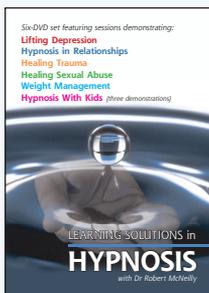


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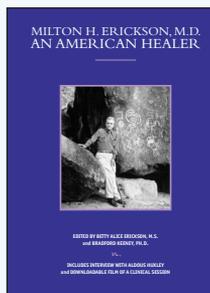
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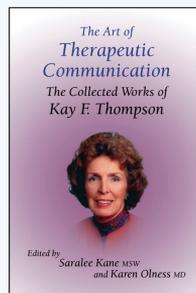
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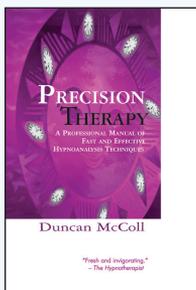
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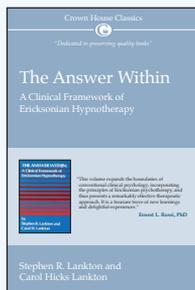
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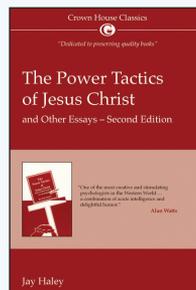
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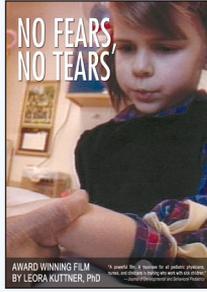
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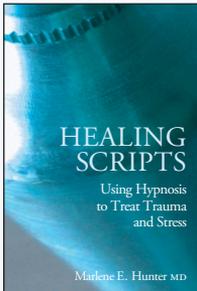
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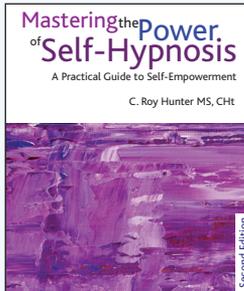
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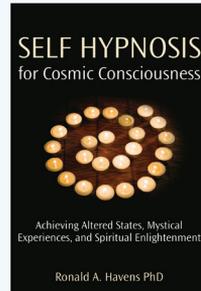
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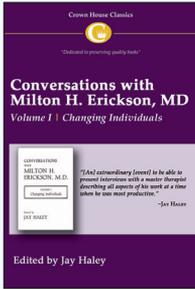
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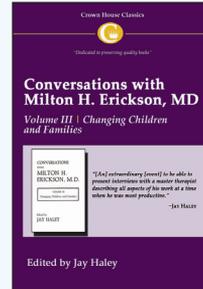
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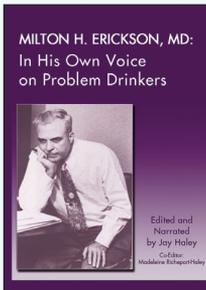
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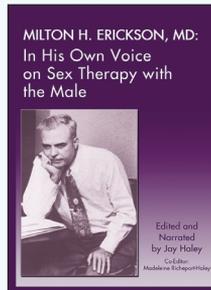
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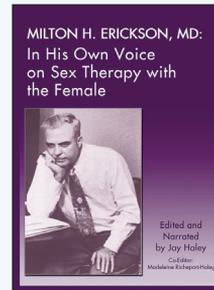
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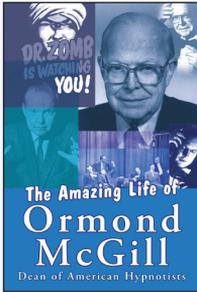
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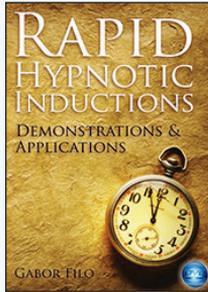
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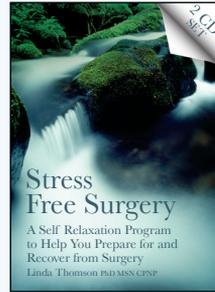
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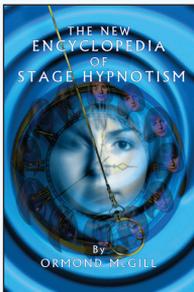
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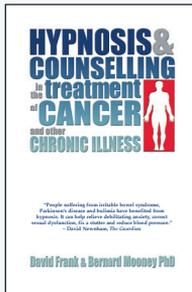
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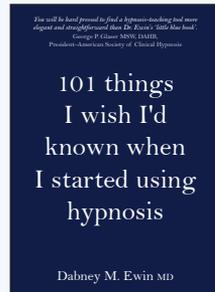
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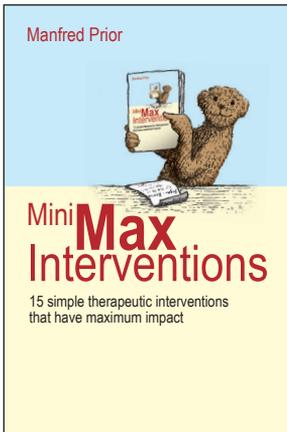
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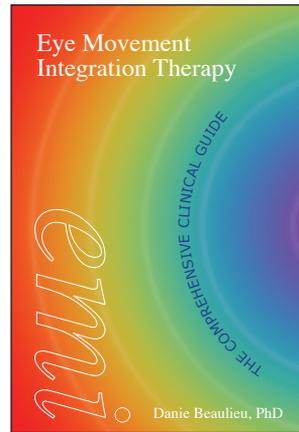


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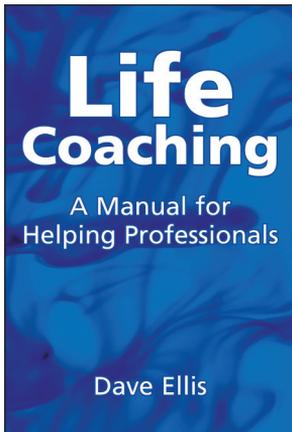
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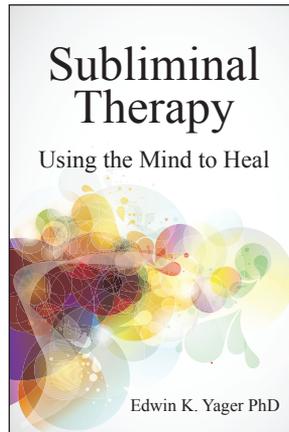


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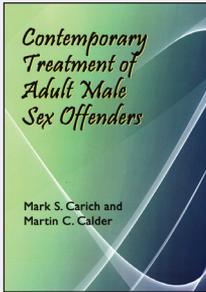
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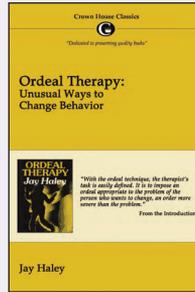
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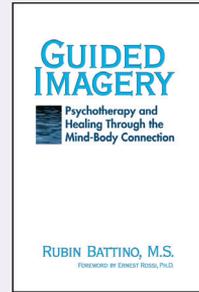
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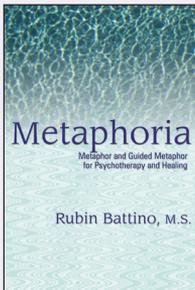
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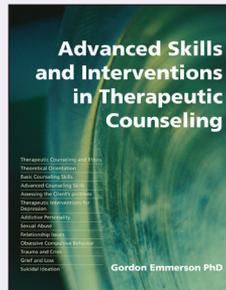
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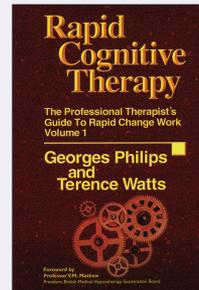
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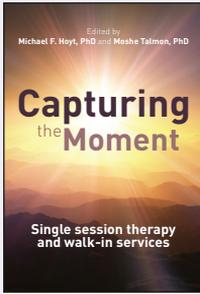
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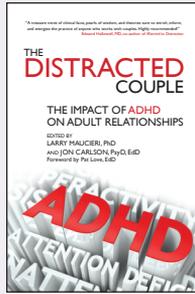
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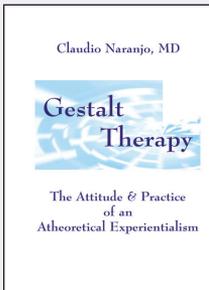
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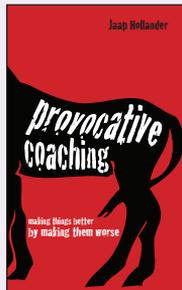
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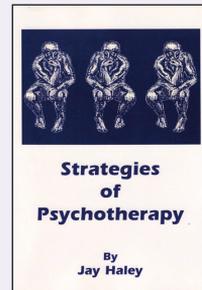
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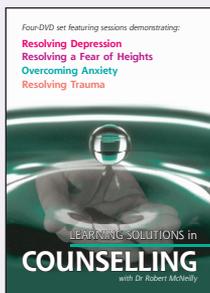
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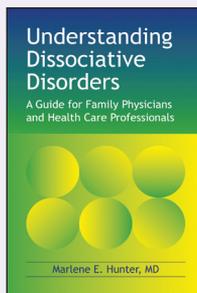
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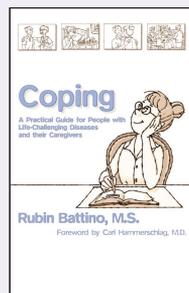
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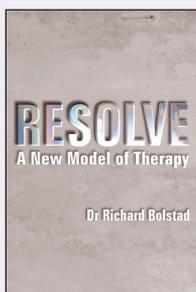
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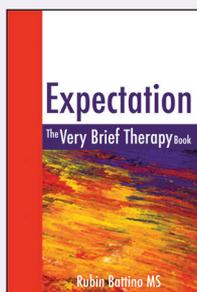
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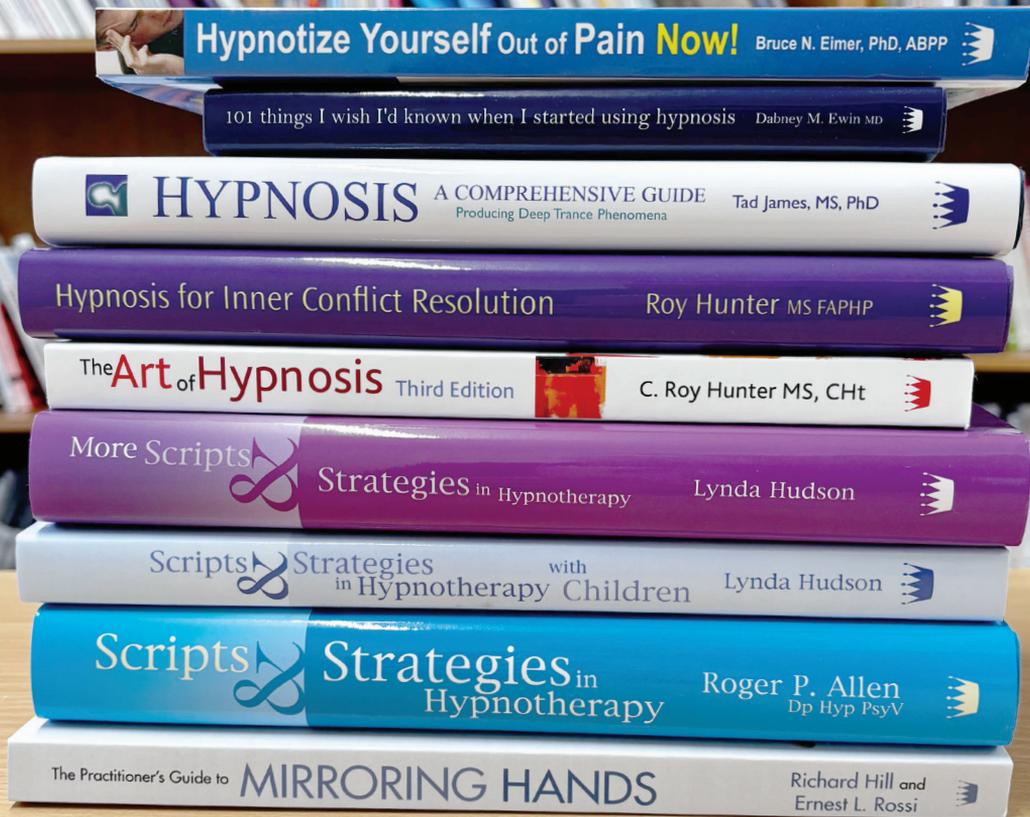
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